From beautiful beaches and coves to historical palaces, in a Mediterranean setting, Malta offers something for everyone. Active or relaxing holidays with good quality restaurants and nightclubs, Malta provides the ideal holiday destination.

(word count: 33)

Malta offers a diverse and large choice of activities for holidaymakers. You can experience Malta’s thousands of years of history first-hand from walking amongst the megalithic Ggantija temples on Gozo, visiting the sixteenth century Grandmaster’s Palace in Valletta or diving amongst World War Two wrecks.

Those that like a relaxing day by the sea will find a selection of sandy or rocky beaches all safe for swimming. The hot summer temperatures are made comfortable with the light sea breeze. Mild winters make the islands of Malta suitable for year round activities. Walking and rock-climbing can be enjoyed in the beautiful Maltese countryside. Water-sports can be relished with the landscape of years gone by as a backdrop.

The modern lifestyle is catered for. The nightlife covers the spectrum from casinos, nightclubs with international DJs to jazz bars and local villages’ band music. The summer months see Malta host to the International Jazz Festival, open air Shakespeare theatre and the Malta Arts Festival. Shopping varies from local crafts, open air markets and retail outlets and centres.

Traditional and international food is available in the resorts. The traditional food is rustic and seasonal and reflects the varied influences on the island’s culture – Arabic, Italian and British amongst them.

(word count: 205)